

PSALM 102

A prayer of an afflicted man. When he is faint and pours out his lament before the LORD.



2. For my days, like smoke, have vanished, and my life will soon be finished. Like a hearth my bones all burn while I for Your answer yearn. For my heart is so dejected that my bread I have neglected. While I groan, my strength is going; through my skin my bones are showing.

Psalm 102



4. All day long my foes deride me; they with curses have defied me. I no longer eat my bread, but with ashes I am fed; with my drink my tears are blended, for Your wrath has not yet ended. You have cast me off in fury and have left me sad and weary.

- 5. Like an evening shadow, fleeting, swiftly its brief span completing, so my days all quickly pass, for I wither like the grass.

 But You, LORD, enthroned forever, are the One who changes never; every passing generation sees Your glorious exaltation.
- 6. LORD, You will arise in pity on Your house and holy city. It is time to show Your face, the appointed time for grace. You will hear our supplication when we pray for restoration. Those who serve You, LORD, sincerely love the stones of Zion dearly.
- 7. All the nations will revere You; all the kings of earth will fear You, for Your city You shall build, to be with Your glory filled.
 You will set Your congregation firm on Zion's strong foundation.
 When we pray, LORD, You will hear us; when we suffer, You are near us.
- 8. May a future generation praise the LORD for such salvation: "He looked down from heaven on high to release those doomed to die!" So in Zion, in His dwelling, all will praise His love unfailing when the peoples there a

Psalm 102



10. Mighty God of all creation,
You have laid the earth's foundation,
and You framed the vast extent
of the spacious firmament.
But they both will fall and tumble;
what may seem secure will crumble.
Like a garment one may cherish,
so will they wear out and perish.

11. Like a cloak, Your whole creation, from the skies to earth's foundation, will be changed and cast aside, but You evermore abide.

LORD, the children of Your servants, all the line of their descendants, will in safety dwell before You, for Your steadfast love adore You.